

Short Breaks for Children and Young People who have Disabilities and their Families

Short Breaks are available for children and young people who have a disability or additional support need and are intended to have positive benefits for them and their parent carers. Redcar and Cleveland's Short Breaks Offer is outlined below:

Universal Services 0 – 25 years

The majority of families are able to get a Short Break by using free or low cost local services. These services are not funded or commissioned by the Local Authority. Examples of these are; School clubs, Youth clubs, Scouts, Brownies, Guides, charity funded club provision. Service providers have a duty to make reasonable adjustments and must not treat a disabled person less favourably. Some universal services offer sessions specifically for children and young people with additional needs, however, not all universal services will be suitable for everyone. It is advisable to contact the service to discuss your child's needs and what they can offer.

Local universal services can be found on our SEND Local Offer Webpage <http://www.peoplesinfonet.org.uk/>

Self-Referral Clubs 5 years +

Our self-referral clubs are regular clubs such as After School, Weekend Clubs and Holiday Clubs and are specifically for children with disabilities or additional support needs. These clubs are commissioned and funded by the Local Authority. The clubs take place in and around Redcar and Cleveland, providing children and young people with an opportunity to meet new people and try a wide range of activities such as Sports, Arts and Crafts, Swimming and Cooking.

The clubs are available for children and young people who have additional support needs that prevent them from attending mainstream provision. Families can book a place without the need for a social care referral or a diagnosis.

Social Worker Referral Services 0 – 25 years

Sometimes a child or young person may have more significant or complex needs due to their disability and/or family circumstances and will need more specialist support. The level of support needed will be identified by a Social Worker Assessment and may include a mixture of provision such as a personal assistant, overnight care in or away from the home, care in the home or in the community. These services will be commissioned specifically for the child's/young person's needs or alternatively a family may choose to take a **Direct Payment** to arrange the services themselves.

For more information

- Please visit www.redcar-cleveland.gov.uk and search **Short Breaks**
- Email Shortbreaks@redcar-cleveland.gov.uk
- Discuss with your Social Worker (if applicable)
- Join Redcar and Cleveland's **Disability Register Mailing List** to receiving regular information on services for children and young people with disabilities. To find out how to join the register please email localoffer@redcar-cleveland.gov.uk