Curriculum Long Term Map

Physical Education

Key Stage	Year/Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation	Nursery	Walking 1	Nursery Rhymes	Hands 1	Moving	Jumping 1	Feet 1
	Reception	Ourselves	Hands 1	High, Low, Over, Under	Feet 1	Hands 2	Games for understanding
Key Stage 1	Year 1	Running 1 Hands 1	Heroes (Dance) Team Building	Feet 1 Wide, Narrow, Curled	The Zoo (Dance) Hands 2	Body Parts Rackets, bats & balls.	Jumping 1 Games for understanding
	Year 2	Dodging 1 Hands 1	Mr Candy's Sweet Factory (Dance) Team Building	Feet 1 Pathways	Linking Hands 2	Water (Dance) Jumping 1	Rackets, Bats & Balls Games for Understanding
Lower Key Stage 2	Year 3	Invasion Game (Netball) Mindfulness	Invasion Game (Basketball) Witches & wizards (Dance)	Invasion Game (Football) Symmetry & Asymmetry	Net/Wall Game Tennis Communication & Tactics (OAA)	Striking & Fielding - Rounders Throwing & Jumping	Striking & Fielding - Cricket Athletics
	Year 4	Invasion Game (Netball) Mindfulness	Invasion Game (Football) Space (Dance)	Invasion Game (Hockey) Bridges (Gym)	Net/Wall Game Tennis Communication & Tactics (OAA)	Striking & Fielding - Rounders Throwing & Jumping	Striking & Fielding - Cricket Athletics
Upper Key Stage 2.	Year 5	Invasion Game (Basketball) Health Related Exercise	Invasion Game (Hockey) The circus (Dance)	Invasion Game (Tag Rugby) Counter balance & Counter Tension	Net/Wall (Tennis) Problem Solving (OAA)	(Net/Wall) Badminton Running	Striking & fielding (Cricket) Athletics
	Year 6	Invasion Game (Hockey) Health Related Exercise	Invasion Game (Basketball) Carnival (Dance)	Invasion Game (Tag Rugby) Matching & Mirroring	Net/Wall (Badminton) Leadership (OAA)	Net/wall (Tennis) Running	Striking & fielding (Cricket) Athletics

We use the Complete PE online package to form our PE curriculum.