

SEND Family Voice

A monthly newsletter filled with news, information and events for all things SEND in the Redcar & Cleveland area.

We have Moved!

We have officially moved into our new premises and our opening day was a great success! We had visits from parents, carers and professionals and showed them all the Hub has to offer from the function room to the soft play area.

We have made connections with several professionals and are currently in talks with them to organise a Meet the Camhs team and Meet the Health team. These will be similar events to Meet the SEN team we have recently held. The first sessions will be general meeting and greeting events which will form the basis of the future sessions depending on what needs parents and carers have.

We have also organised a Shortbreaks event where Becky Dale and other providers will have tables to showcase what Shortbreaks are and everything they have to offer. There will also be an option to sign up for a Max Card and the family mailing list. Further details are on the events page.



Your Voice

We are keen to hear your views and opinions about the SEND services in Redcar and Cleveland. Please take a moment to complete this on the "Your Voice" section of the website. Good, bad or indifferent we want to hear from you!

<https://sendfamilyvoicerc.co.uk/your-voice/>

News & Information

Just a note...

Christmas can be an exciting and fun time but also a stressful and overwhelming time, especially for our children and young people. The lack of routine, extra hustle and bustle in shops and events leading up to Christmas can be stressful and that's just for us parents! There is a lot of social demand at this time of year to visit Father Christmas or have the perfect family photo BUT we wanted to say, everyone's Christmas looks different and whatever works for your family – go with it!

With that in mind have a lovely Christmas, whatever it looks like, and best wishes for 2024 from the team at SEND Family Voice.



Free Family Cinema Tickets



Saturday 2nd
December 10am 2
slots available

SEND Family Voice have purchased some family tickets for the following movies at Senses Wellbeing Centre in Skelton. Details for each film are below. Please comment on our post on Facebook, email the page or message the page to be considered.



Sunday 10th December
12pm
5 slots available

News & Information cont

Services from Contact



You might be struggling emotionally and looking for strategies to help you cope. Or maybe you just need to talk to someone who understands the extra challenges you face and who can point you in the right direction to get the support you need for your family.

To help, we offer 1-1 telephone appointments with a family support adviser for parent carers looking for a listening ear, reassurance and practical and emotional support.

Listen to our podcast episode about Listening Ear, in which our adviser Noreen explains how the service started and how it can help you.

<https://contact.org.uk/help-for-families/listening-ear/>

Family Information Service

The Family Information Service is ran by Daisy Chain and offers services to children, young people and families who display traits associated with neurodevelopment diversity: Autism (ASD), Attention Deficit Hyperactivity Disorder (ADHD) and Foetal Alcohol Spectrum Disorder (FASD).

Services are reviewed to ensure they are meeting the need of families, however providers need feedback from parents and carers. It would be helpful, if as many parents and carers as possible, could complete the survey to provide their feedback. What is working, what is not and what would you like to see. It would also be beneficial to provide feedback if you have not accessed the services and the reasons for this , such as transport barriers for example.

it is important that surveys such as this are completed with your views to ensure we do not lose these services and that they are tailored to what we need. Copy and paste the link below into your website browser to complete.

[https://daisychainproject.us6.list-manage.com/track/click?
u=64bef4bdb0e3e27d24e00f4d&id=a853fb6510&e=681fa49bf9](https://daisychainproject.us6.list-manage.com/track/click?u=64bef4bdb0e3e27d24e00f4d&id=a853fb6510&e=681fa49bf9)

Events

Send Family Voice Coffee Mornings

Upcoming dates for parent and carer coffee mornings. A safe and inviting environment to meet parents and carers of SEND children and/or those on the pathway. Parents and carers who suspect their child of having additional needs or would like more information are also welcome to attend.

There is also information available to take away regarding SEND Family Voice and other services in the area.

These events are only attended by parents and carers not professionals, unless specified.

Parent and Carer Coffee Mornings

**Wednesday 22nd November,
Wednesday 6th and Wednesday 20th
December**

**Come along to our monthly coffee morning for
parents and carers of children with special
educational needs (SEN) and or disabilities.**

**A diagnosis is not required. All parents and carers as
well as friends and family members are welcome.**

**A safe environment where all topics are open for
discussion - not just SEND.**

**There will also be information available to take away
about Send Family Voice and other agencies.**

Event will run from 10am - 12.00pm and there will be free
tea/coffee and light refreshments.
Queries to: infosendfamilyvoicerc@gmail.com

**F.R.O.G, Grangetown United
Community Hub, Derwentwater Road,**



Meet the SEN Team

There are two further meet the SEN team events scheduled with members of the SEN team from Redcar and Cleveland Council.

These sessions have been really useful to parents and carers and we have received really positive feedback from the past sessions we have held.

All parents, carers and family members are welcome to attend these events.

Meet your Redcar and Cleveland Special Educational Needs (SEN) Team

November 30	Galley Hill Leisure Centre Kestrel Avenue Guisborough. TS14 8PF
January 10	Skelton Community Centre Markse Lane, Skelton TS12 2HA

A unique opportunity to come along and meet
Maxine Lewis, Statutory SEND Manager and Monica
Wheater, Education Development Advisor.

Find out how Redcar and Cleveland are working to do
things differently for children and young people with
special educational needs.

5.30pm - 7.30pm and there will be free tea/coffee and light
refreshments.
Queries to: infosendfamilyvoicerc@gmail.com



Events cont

Shortbreaks Event



Shortbreaks Drop In

Wednesday 17th January 2024
F.R.O.G, Grangetown United Community Hub,
Derwentwater Road, TS6 7PY

Do you know what Shortbreaks are? Do you know what services they offer? If not, then this is the event for you!

Come along to find out what is available from shortbreaks and their club providers. You can also sign up for a Max Card and the SEND Families mailing list.

There will also be representatives from the Local Offer and Children with Disabilities Team available at the event.

Logos: sportworks, John's Story, MAIN, THE JUNCTION

Event will run from 10am - 12.00pm and there will be free tea/coffee and light refreshments.
Queries to: infosendfamilyvoicerc@gmail.com

Logos: REDCAR & CLEVELAND BOROUGH COUNCIL, SEND family voice REDCAR & CLEVELAND, NHS North East and North Cumbria

A drop in event which will have information about shortbreaks and all it has to offer. The club providers, who work together with Shortbreaks, will also be in attendance to explain what they can offer.

Families who do not have a max card can also apply for one the day as well as sign up for the SEND family mailing list. To sign up for your free max card, please bring one of the following to confirm SEND Status:

- Confirmation your child has an EHCP*
- Confirmation you are registered on RCBCs Disability Register*
- Name of your child's Social Worker*
- Any other evidence e.g. DLA award, proof of diagnosis

*If evidence provided is 1, 2, or 3 we will check our systems to verify eligibility.

This is a great opportunity to find out what Shortbreak services are and how they can support children, young people and their families.

Have you spotted our posters in your school setting?

Important Contact Numbers

Sen Services - 01642 204503

Camhs - 0300 013 2000

Shortbreaks Self referral - 01642 771247

Daisy Chain Family Support - 01642 531248 (Option 1)

Carers Together - 01642 488977



COPING AT CHRISTMAS

Christmas can be tough. That's why it's important to know there's always someone you can talk to.

Logos: mind, shout, SAMARITANS, youngminds, CALM, PAPYRUS

Contact Information:

- mind:** 0300 123 3393 Helpline, mind.org.uk
- shout:** Text SHOUT to 85258, 24/7 text service, giveusashout.org
- SAMARITANS:** 116 123, 24/7 helpline, samaritans.org
- youngminds:** Text YM to 85258, 24/7 text service, youngminds.org.uk
- CALM:** 0800 58 58 58 Helpline for men, thecalmzone.net
- PAPYRUS:** 0800 068 4141 Under 35s Helpline, papyrus-uk.org

SEN Sessions



SENSORY CAVE

SEN ONLY
AGES 0-8 YEARS*
MONDAYS
&
THURSDAYS
5-6PM
£5 ADMISSION
*AGE LIMITS MAY BE ADJUSTED
- SPEAK TO A SUPERVISOR
FOR MORE INFO
ONLINE BOOKING



SEN SESSION

Every 1st Sunday
9.30am - 12.00pm

CLICK TO
BOOK ONLINE

Sunday SEN Session

Session specifically for SEN –
Children with Special Education
Need

No general public admittance.



AIR+

SEN EXCLUSIVE SESSIONS

AVAILABLE SATURDAYS

09:30-10:30AM

AGE 4YRS+

WWW.SKELTONLEISUREHUB.CO.UK

Do you know of any SEN sessions happening in the area? Drop us a message on our Facebook page to let us know

SEN – Inclusive Sessions

Fun for all!

What do we offer?

Classes are fully inclusive for all abilities. Suitable for those with SEN and disability who are supported by family, carers and direct payment workers.

- Inclusive Toddler Group
- 'We will Rock You' Drumming class
- 'Let it Glow' exercise class
- Saturday Cinema
- Private hire - parties and sensory play

COME AND JOIN US!!



MONDAY 9.45am - 11.15am
Inclusive Sensory Toddler Group
Group for parents/carers to bring pre-schoolers to a fully inclusive, sensory setting.
£5

MONDAY 5pm
SEN Inclusive Drumming class 'We will Rock You'
FREE

THURSDAY 5pm
'Let it Glow' – fully inclusive family fitness, moving to music with glow sticks
FREE

SATURDAY
Saturday Cinema. Inclusive Sensory Cinema. Contact for details.
Room also available for Private Hire, sensory play and parties.

To book or for more information contact Karen:
Karen@senseswellbeingcentre.co.uk
07794571933

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